

WORLD SUICIDE PREVENTION DAY 2024- REPORTS

On 11th September 2024, in observance of World Suicide Prevention Day, the Jeevani initiative, in collaboration with the Department of Psychology and Psychology club at KAHM Unity Women's College, organized an awareness class. The session aimed to educate students on suicide prevention strategies and develop understanding of the issue. Key topics included recognizing warning signs, identifying symptoms, and learning effective ways to engage with individuals contemplating suicide. The event empowered participants by equipping them with practical techniques and interventions to assist those struggling with suicidal thoughts. A total of 50 students from the Psychology department and other disciplines attended, gaining valuable insights into mental health support and suicide prevention



A PLAY ON SUICIDE PREVENTION

On 11th September 2024, ten first-year BSc Psychology students from KAHM Unity Women's College organized a play in observance of Suicide Prevention Day. The play, themed "Changing the Narratives on Suicide," was performed in front of the administrative block and aimed to raise awareness about the importance of mental health and suicide prevention.

In addition to the play, a candlelight vigil and a fingerprint support activity were held to commemorate those who have lost their lives to suicide. The vigil served as a heartfelt tribute, while the fingerprint activity symbolized the collective responsibility to support those struggling with mental health challenges. The program, coordinated by Thasneem Rahmathulla, faculty of the Psychology Department, created a campus-wide atmosphere of reflection and solidarity.







Manjeri,KL,India

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Lat 11.130164, Long 76.083712

09/11/2024 11:14 AM GMT+05:30

Note : Captured by GPS Map Camera